

# Best Fruit Trees for the Maritime Northwest

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Easy to Challenging	Challenging to Difficult	Difficult to More Difficult
<ul style="list-style-type: none"> <li>•Persimmon</li> <li>•Fig</li> <li>•Medlar</li> <li>•Strawberry Tree</li> </ul>	<ul style="list-style-type: none"> <li>•Elderberry</li> <li>•Quince</li> <li>•Cornelian Cherry</li> <li>•Mulberry</li> </ul>	<ul style="list-style-type: none"> <li>•Paw paw</li> <li>•European Plum</li> <li>•Japanese Plum</li> </ul>

## 10 Basic Fruit Tree Needs

#1: Fruit trees need direct sun, 6-8hrs or more everyday.  
Best to plant fruit trees in N/S rows, not E/W rows.

#2 Fruit trees need appropriate space.  
Fruit trees can be anywhere from 6'-30+' tall.  
Mature size determined by rootstock.

#3 Fruit trees need good soil.  
Ideal = 2-3' minimum deep, clay loam, no compaction, no stratification, pH 6.0-7.0, carbon, fungal based, well draining.  
Prep soil and add amendments up 6-12months prior to planting fruit trees.

#4 Fruit trees need water.  
- Young or in pots - keep moist.  
- Older or established – 5-20 gallons/week.  
- Drip irrigation only, no spray.

#5 Choose dwarfing rootstock, and be specific.  
See "Successful Fruit Tree Varieties for the PNW" below.

#6 Choose regionally appropriate, disease resistant varieties.  
See "Successful Fruit Tree Varieties for the PNW" below.  
- If you can buy that variety at the store, think twice before growing it at home in the Willamette Valley.  
- Most commercial varieties are grown east of the Cascades where it is generally a warmer/drier climate.  
- Ripening period = The period of time a fruit needs to reach mature size and become ripe for harvest.  
Varies by species/variety of fruit tree.

**GOAL:**  
**RIGHT TREE**  
 rootstock, variety selection, pollination  
**RIGHT PLACE**  
 sun, soil, water, space  
**RIGHT CARE**  
 planting, pruning, thinning, pest prevention

SHORT RIPENING PERIOD =  
needs a small number of HEAT UNITS.

LONG RIPENING PERIOD =  
needs a large number of HEAT UNITS.

## Successful Fruit Tree Varieties for the PNW

APPLE	PEAR
<p><b>Resistant to Apple Scab (* also powdery mildew resistant)</b> Akane*, Chehalis*, Liberty*, Prima, Pristine*, Tydeman's Red, Tydeman's Lt. Orange, Ecollette, PRI 176-1, Wynoochee Early*, Redfree, Dayton*, Freedom, Priscilla, Nova Easy Gro, William's Pride*, Sansa, Enterprise*, Goldrush</p> <p><b>AVOID (highly mildew susceptible)</b> Braeburn, Jonathan, Rome, Newtown, Granny Smith, Gravenstein</p> <p><b>Recommended Rootstocks:</b> M7 - 50% of standard, 12-18' - does not need support - good in heavy soils</p> <p>M26 - 25% of standard, 8-14' - often needs staking - needs well draining soil</p> <p>M27 - grows to max of 6-8' - needs staking - early, heavy bearer but must remove fruit first 2-3 after planting - can be grown in a container</p>	<p><b>European (*powdery mildew resistant):</b> Conference, Doyenne du Comice, Rescue, Orcas, Bartlett*, Flemish Beauty*, Winter Nelis*, Harrow Delight, Muscat, Brandy (Perry).</p> <p><b>Asian:</b> Kosui, most all Asian pears.</p> <p><b>AVOID (very susceptible to pear scab):</b> Forelle, Bartlett Red Sensation</p> <p><b>Recommended Rootstocks:</b></p> <p><b>European Pear:</b> Old Home x Farmingdale 513, OHxF 513 - 50-70% standard for European pears, 18-25'. - does not sucker</p> <p><b>Asian Pear:</b> Pyrus betulifolia - 50-60% of standard = 12-18' - not recommended to use this rootstock with european pear varieties. It will create a very large 30'+ tall tree.</p>

Successful Fruit Tree Varieties for the PNW continued...

PLUM*	CHERRY
<p><b>European:</b> Italian, Brooks, Damson, Seneca, Methley, Santa Rosa</p> <p><b>Asian:</b> Shiro, Beauty, Howard's Miracle</p> <p>*Success of these varieties based largely on late blooming times and a tolerance of moderately wet conditions.</p> <p><b>Recommended Rootstocks:</b> Krymsk 1 - 50% standard (20-22' tall) - does well for most peaches, plums.</p> <p>Gisela 5 - 45% of standard (15-20') - productive, little suckering - may require support</p>	<p><b>Resistant Varieties (primarily resistant to bacterial canker):</b> Black Republican, Mazzard, Corum, Regina, Rainier, Sam, Sue, Lapins, Stella, Montmorency</p> <p><b>AVOID:</b> Bing, Lambert, Royal Ann, Van, Napoleon, Sweetheart</p> <p><b>Recommended Rootstocks:</b> Krymsk 5 - can be maintained at 10' - compatible with all cherry varieties</p> <p>Gisela 5 - 45% of standard (15-20') - productive, little suckering - may require support</p>

PERSIMMON	FIG	OTHER FRUIT TREES
<p><b>Kaki (Asian):</b> Early Fuyu, Early Jiro, Saijo</p> <p><b>American (very large tree):</b> Early Golden, Meader, Prairie Star</p>	<p>Desert King, Lattarula</p>	<p>Elderberry, Sambucus spp, Sambucus canadensis. Mulberry, Morun alba, Morus rubra, morus nigra. Cornelian Cherry, Cornus mas. Strawberry Tree, Arbutus unedo. Quince, Cydonia oblonga. Medlar, Mespilus germanica.</p>

#7 Fruit trees will need appropriate pruning and training.

**PRUNING & TRAINING- WHY?**

- Better sunlight and air flow.
- Maximum fruit bearing surface.
- Encourage stronger scaffold branches
  - to hold fruit, snow, ice, human weight.
- Better shape tree for thinning and harvesting fruit.
- Create pleasing and useful shape.
- Pest management is easier.
- Maintain and renew fruiting wood.
- Keep growth and vigor consistent in all parts of the tree.

**PRUNING & TRAINING:**  
When?  
How?  
What?  
Where?  
How much?  
**It depends on the tree!**

#8 Fruit trees often need a pollinizer, and always need a pollinator.

**Pollination** = the transfer of pollen from the male parts/flower to the receptive female part/flower.

**Pollinizer** = the source of the pollen (diff. variety of tree).

**Pollinator** = the agent of pollen transfer (bees, flies, etc.).

#9 Most fruit trees need to have their fruit thinned.

- Helps young trees establish roots.
  - Helps prevents broken branches.
  - Helps even out biennial bearing.
  - Limits pest and disease issues.
  - Increase fruit quality.
- How To** - Thin ALL fruit off 1-3 year old trees
- Up to 75% of initial fruit set should be thinned off the tree in spring (May).
  - Leave at least 6" between each fruit.

#10 Others will want to share your fruit...(pests, diseases, deer/raccoons/birds, neighbors/kids)...so have a plan and be prepared!

A. Grow healthy trees.

B. Tree Hygiene/Sanitation

- Sanitize tools before pruning between each plant and after cutting diseased branches.
- Rake up and dispose of pruned wood.
- Rake up and dispose of fallen leaves.
- Thin fruit on time (May), clean up all dropped fruit.
- Remove all fruit before winter.
- Consider organic spray schedule if necessary.

Community Resources:	Research Resources:
WSU Master Gardeners OSU Master Gardeners  The Home Orchard Society Portland Fruit Tree Project  Portland Nursery One Green World Raintree Nursery Burnt Ridge Nursery Whitman Farms	PNW Plant Disease Handbook <a href="http://pnwhandbooks.org/plantdisease/">http://pnwhandbooks.org/plantdisease/</a> PNW Pest Handbook <a href="http://insect.pnwhandbooks.org/">http://insect.pnwhandbooks.org/</a> WSU Hortsense <a href="http://pep.wsu.edu/hortsense/">http://pep.wsu.edu/hortsense/</a> UCIPM Online <a href="http://www.ipm.ucdavis.edu/PMG/GARDEN/fruit.html">http://www.ipm.ucdavis.edu/PMG/GARDEN/fruit.html</a> North Willamette Research and Extension Center <a href="http://oregonstate.edu/dept/NWREC/programs/berry-crops">http://oregonstate.edu/dept/NWREC/programs/berry-crops</a> OSU Publications for Growing Fruit at Home (Home Orchards)

Thank you, and good luck!